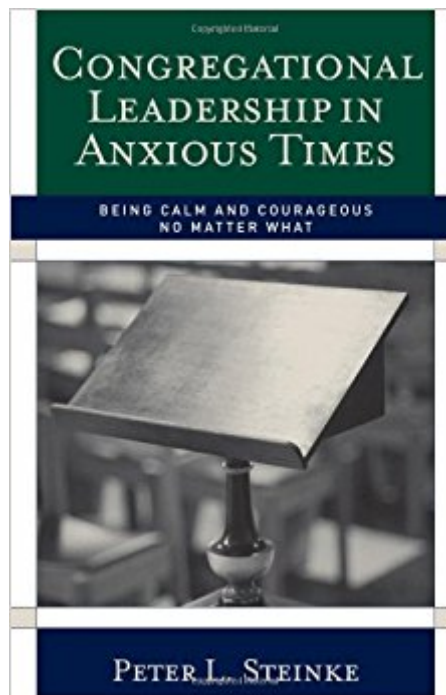




The book was found

# Congregational Leadership In Anxious Times: Being Calm And Courageous No Matter What



## Synopsis

Anxious times call for steady leadership. When tensions emerge in a congregation, its leaders cannot be as anxious as the people they serve. To remain effective, congregational leaders must control their own uneasiness. This takes self-awareness and confidence to manage relationships and influence behaviors. Knowing how to deal with anxiety and how to work through complex challenges can lead a congregation to new insights, growth, and vitality. Anxious times hold not only the potential for loss but also for creation, important learnings, and changes that will strengthen the congregation. With this new book, internationally respected consultant Peter Steinke goes deeper into the requirements of effective congregational leadership. Born from the wisdom of Steinke's distinguished career, this new volume will both enlighten and embolden leaders. Steinke inspires courage in leaders to maintain the course, unearth secrets, resist sabotage, withstand fury, and overcome timidity or doubts. His insights, illustrations, and provocations will carry leaders through rough times, provide clarity during confusing times, and uplift them in joyous times.

## Book Information

Paperback: 183 pages

Publisher: Rowman & Littlefield Publishers (November 20, 2006)

Language: English

ISBN-10: 1566993288

ISBN-13: 978-1566993289

Product Dimensions: 5.6 x 0.5 x 8.4 inches

Shipping Weight: 1.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 69 customer reviews

Best Sellers Rank: #83,005 in Books (See Top 100 in Books) #37 in Books > Christian Books & Bibles > Ministry & Evangelism > Sermons #41 in Books > Religion & Spirituality > Worship & Devotion > Sermons #128 in Books > Christian Books & Bibles > Churches & Church Leadership > Church Leadership

## Customer Reviews

This is the book you<sup>TM</sup>ll want on your shelf and will want to read carefully and digest if you hope to master a rudimentary understanding of the way family systems theory addresses leadership in a congregation. (New England Lutheran Theological Forum)Dr. Steinke once again illuminates the path towards healthier, more effective church leadership. He consistently provides deep wisdom

that is both relevant and transformative. (James Boyer, pastoral psychotherapist and organizational consultant)A faithful book, full of insight and illustration. (Rick Foss, Bishop, Eastern North Dakota Synod, ELCA)In his first two books, Peter Steinke effectively offered the lens of family systems through which to see congregational life. In this new book, he continues his tradition of wit, clarity, and insight while moving to a new level of depth and artistry. (W. Craig Gilliam, Director, The Center for Pastoral Effectiveness, The Louisiana Annual Conference of the UMC)

Peter L. Steinke is an internationally respected congregational systems consultant who has also served as a parish pastor, an educator, and a therapist for clergy. He is the author of the best-selling books *How Your Church Family Works* and *Healthy Congregations*.

This is the best resource that I have found for understanding why people have anxious responses and how to navigate conflict in light of the numerous people in each congregational conflict.

Read with an open mind you will benefit from learning about the ways you function in pastoral leadership as well as tools to recognize behaviors in yourself and congregations that do not lead to healing and health.

A good book that, at its core, warns leaders that change and anxious times are your staples if you want a healthy organization. Written with churches in mind, this book explores how change can affect an organization. Leaders must be mindful of the early signs of change, know how to ride it out or facilitate healthy changes, and how to instigate healthy change. Its final chapter deals with members and leaders who rely on their charm and are too worried about the status quo, and their detrimental effect on the organization.

This book provided wonderful content to prepare me for a period of transition at our church. It was easy to read and gave great spiritual and physiological references for the challenges congregational leaders face in times of change. Scenarios of real life issues are included as well as checklists and open ended questions. I am much better prepared to lead in the anxious time approaching our congregation.

An interesting combination of cell biology, Bible stories, and systems dynamics -- used to highlight some of the dysfunction typical of religious communities and prescribe behaviors likely to promote

strong leadership. Those already deeply involved in congregational politics will recognize some of the parishioner types described. Steinke's suggestions for leadership success aren't easy, but they sure seem promising and admirable.

Text for graduate class on church conflict

This book is good value for congregations that may feel like they have lost their way a little. It probes the sort of issues that often lie a little below the surface, and which may be difficult for those trying to see the wood for the trees. The insights that the author offers as to the psychology of congregations discerning their gut reactions from their considered responses was particularly valuable to me. I found the advice helpful, and the case studies very useful. The reason I have not given this book 5 stars is that I felt that the author had more to say, but chose not to, for whatever reason. For example, I think there could have been more case studies, and that these were likely more wide-ranging than the few given. But that is nit-picking, and should not detract from the value that this book does give.

This was a great book that challenged me a great deal to think through my leadership style and tendencies. I am still trying to figure out what it means to be a "self-differentiated" leader, but this book made me do a great deal of evaluation of some of the leadership decisions I have made and help me to understand why sometimes my solutions led to more complicated situations rather than to help untangle them. I would highly recommend this book for anyone in leadership of any type.

[Download to continue reading...](#)

Congregational Leadership in Anxious Times: Being Calm and Courageous No Matter What  
Anxious Kids, Anxious Parents: 7 Ways to Stop the Worry Cycle and Raise Courageous and  
Independent Children The Calming Collection - Calm Mom, Calm Dad, Calm Child: Keeping Your  
Cool With Your Children, Your Family, and Everyone Else in Your Life Creating a Healthier Church:  
Family Systems Theory, Leadership and Congregational Life (Creative Pastoral Care and  
Counseling Series) Who Rules the Church?: Examining Congregational Leadership and Church  
Government Courageous Princess, The Volume 1 Beyond the Hundred Kingdoms (3rd edition) (The  
Courageous Princess) Island Kids: Courageous Kids (Courageous Kids) The Antianxiety Food  
Solution: How the Foods You Eat Can Help You Calm Your Anxious Mind, Improve Your Mood, and  
End Cravings Anxious for Nothing: Finding Calm in a Chaotic World Calm My Anxious Heart: A  
Woman's Guide to Finding Contentment (TH1NK Reference Collection) Why Leadership Sucksâ„¢:

Fundamentals of Level 5 Leadership and Servant Leadership Escape To Calm Adult Coloring Book Set With 24 Colored Pencils And Pencil Sharpener Included: Color Your Way To Calm Cross-Stitch to Calm: Stitch and De-Stress with 40 Simple Patterns (Craft To Calm) Rays of Calm: Relaxation for Teenagers (Calm for Kids) Courageous Leadership: Field-Tested Strategy for the 360° Leader Courageous Leadership Courageous Dreaming: How Shamans Dream the World into Being The Whole Church Sings: Congregational Singing in Luther's Wittenberg (Calvin Institute of Christian Worship Liturgical Studies) Leading Congregational Change : A Practical Guide for the Transformational Journey (Workbook) Formation in Faith: The Congregational Ministry of Making Disciples

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)